

## 6th Class Work June 15th- 19th

Dear Parents & Pupils,

Please find the work below for the week of the 15th June. The school is running a talent show this week. Please see the poster below the email addresses. The children will have one week to prepare a piece that showcases a talent- be it singing, dancing, painting or literature. Video entries can be emailed to the class teacher the week of 15th June and they will be sent to Ms Scullion and Ms Hartland to judge and uploaded to the app/website.

Be sure to send some of your work back to your teachers so that they can see how you are all getting on, and to help you if needs be.

Answers will be uploaded on Friday.

Preparations are underway for the pupil's graduation. Information to follow in the coming weeks.

There will also be an assigned day for the parents of 6th class pupils to return school books borrowed from the school. This will be communicated once details have been finalised over the next week.

Take care and be safe.

### **Email addresses:**

1. Mr Rennick- [jrennick@staidanssns.ie](mailto:jrennick@staidanssns.ie)  
[moreilly@staidanssns.ie](mailto:moreilly@staidanssns.ie)
2. Ms O`Reilly-
3. Ms Somerville- [jsomerville@staidanssns.ie](mailto:jsomerville@staidanssns.ie)
4. Ms Riordan- [friordan@staidanssns.ie](mailto:friordan@staidanssns.ie)
5. Ms Daly- [kdaly@staidanssns.ie](mailto:kdaly@staidanssns.ie)
6. Ms [Hamilton-ghamilton@staidanssns.ie](mailto:Hamilton-ghamilton@staidanssns.ie)
7. Ms Hodson [chodson@staidanssns.ie](mailto:chodson@staidanssns.ie)



**TALENT**

Sing

Rap

Tell a joke

Act

**St Aidan's  
got **TALENT****

Dance

Email your talent video to Ms Hartland before 3pm on Friday the 19th of June.

[dhartland@staidanssns.ie](mailto:dhartland@staidanssns.ie)

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**[Click on the work in this timetable to bring you to the correct page. You may then need to click on the word \[Bookmark\]\(#\)](#)**

### **Timetable**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>P.E</b> (Weekdays 9am)	<a href="#">P.E</a>	<a href="#">P.E</a>	<a href="#">P.E</a>	<a href="#">P.E</a>	<a href="#">P.E</a>
<b>Maths</b>	<a href="#">Problem Solving</a>  <a href="#">Length ( Mr Rennick/Ms O`Reilly/ Ms Hodson)</a>	<a href="#">Problem Solving</a>  <a href="#">Length ( Mr Rennick/Ms O`Reilly/ Ms Hodson)</a>	<a href="#">Problem Solving</a>  <a href="#">Length ( Mr Rennick/Ms O`Reilly/ Ms Hodson)</a>	<a href="#">Problem Solving</a>  <a href="#">Length ( Mr Rennick/Ms O`Reilly/ Ms Hodson)</a>	<a href="#">Problem Solving</a>  <a href="#">Length ( Mr Rennick/Ms O`Reilly/ Ms Hodson)</a>
	B	R	E	A	K
<b>English</b>	<a href="#">Dictionary Work</a>  <a href="#">Comprehension Ms O Reilly/ Mr Rennick/ Ms Hodson</a>	<a href="#">Getting Ready for Secondary School</a>  <a href="#">Scrambled Sentences Ms O Reilly/ Mr Rennick/ Ms Hodson</a>	<a href="#">School Equipment and Uniform</a>  <a href="#">Alphabetical order Ms O Reilly/ Mr Rennick/ Ms Hodson</a>	<a href="#">Primary School Profile</a>  <a href="#">Cloze Procedure Ms O`Reilly/Mr Rennick/Ms Hodson</a>	<a href="#">Secondary School Profile</a>  <a href="#">DEAR Time Ms O`Reilly/Mr Rennick/Ms Hodson</a>
	L	U	N	C	H
<b>SESE/Arts</b>	<a href="#">Yoga Challenge</a>	<a href="#">STEM Challenge</a>	<a href="#">Music- Pharrell Williams</a>	<a href="#">What's the Big Picture Quiz</a>	<a href="#">Mindfulness activities</a>

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## **PE**

The following link will bring you to the Body Coach Youtube Channel, where every weekday at 9am Joe Wicks will be coaching a PE class.

<https://www.youtube.com/user/thebodycoach1/featured>

### **Be Active!!**

Remember to get out for your daily exercise

- Walk
- Run
- Cycle
- Exercise workouts
- Soccer/GAA skills- do, repeat, improve!!

The importance of exercise cannot be underestimated during this difficult time. It can provide structure to your day as well as give you a chance to improve your overall fitness for your body and mind.

Continue to set goals for yourself this week- run 2km or more if you feel you are able, record some soccer, GAA, gymnastics skills and send them into us.







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# Monday: Maths

## Problem Solving

### Equations and variables

1. Read each of the following **word problems**. Write the correct equations.

	Word problems	Equations
(a)	Jack had 19 stamps. He gave 12 to his friend. He has 7 left. 	$19 - 12 = \underline{\quad}$
(b)	Orla has 6 boxes of eggs. There are 12 eggs in each box. She has 72 eggs altogether.	
(c)	 Derek shared 24 apples among his 3 friends. They each got 8 apples.	
(d)	Ellie bought 25 bones for her three dogs. Niall gave her 13 bones on Monday and 12 bones on Tuesday. Ellie has 50 bones now.	
(e)	Ronan had 23 cows. He sold 8 and bought 5 more. He has 20 cows now. 	
(f)	Tim had 5 marbles. He won 8 in a game. He gave 4 to his friend. He had 9 marbles left.	$(5 + 8) - 4 = \underline{\quad}$
(g)	Sandra had €8. She bought a pair of socks for €5. Her mother gave her €9. She then had €12.	
(h)	 Each box of crayons has 8 crayons. Niamh bought 4 boxes. She had 32 crayons altogether.	
(i)	Pears are sold in nets of 7. A shopkeeper needed 6 nets to pack 42 pears. 	
(j)	 There are 8 apples in a net. A shopkeeper sold 7 nets of apples. He sold 56 apples altogether.	

# Monday: English

## Dictionary Work

- Using an online or book dictionary, write down the meanings of the following words into your copy book.
- Put each word into a sentence to show you understand its meaning.

1. Indifferent
2. Signify
3. Formidable
4. Impartial
5. Chronological
6. Relinquish

# Monday: Yoga Challenge

Find somewhere quiet and challenge yourself to complete the yoga poses below. Take deep breaths and enjoy this moment that you take for yourself. Maybe you could challenge somebody at home to do some yoga poses with you!

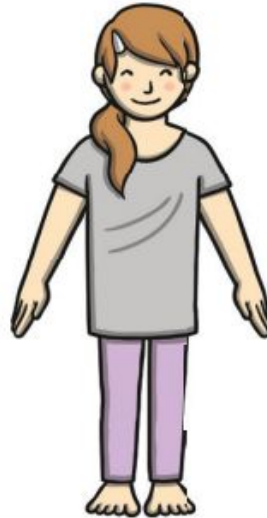
Yoga Cards

## Mountain Pose - Tadasana

**Benefits** Improves posture, strengthens core, muscles and legs.

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- 1 Stand tall with your weight balanced evenly on your feet.
- 2 Firm your thigh muscles and pull in your tummy.
- 3 Press your shoulders back and hold your arms out straight, a little way from your body.
- 4 Breathe deeply and hold as long as needed (at least two long breaths).



Yoga Cards

## Chair Pose - Utkatasana

**Benefits** Strengthens legs, stretches shoulders and chest.

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- 1 Start in mountain pose.
- 2 Exhale, and bend your knees as if you were sitting in a chair.
- 3 Reach your arms towards the ceiling, with your palms facing each other.
- 4 Hold this pose and breathe.





## Warrior II Pose - Virabhadrasana II

**Benefits** Strengthens and stretches legs and core; stretches chest and shoulders; relieves backaches.

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- 1 Stand with your feet wide apart. Turn your left foot in and your right foot out 90°.
- 2 Inhale, and lift your arms parallel to floor.
- 3 Exhale and bend your right knee. Be careful not to extend your knee past the 90° point with your ankle.
- 4 Keep your torso tall, turn your head, and look out over your fingertips.
- 5 Inhale, straighten your legs and lower your arms. Repeat on opposite side.



## Tree Pose - Vrikshasana

**Benefits** Improves balance; strengthens thighs, calves, and ankles; stretches legs and chest; develops concentration.

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- 1 Begin in mountain pose.
- 2 Lift your right foot, turning your knee out; place your foot below your left knee.
- 3 Press your hands together.
- 4 Raise arms overhead, and look up to your hands if possible.
- 5 Return hands to your chest, and lower your right leg.
- 6 Repeat with left leg.

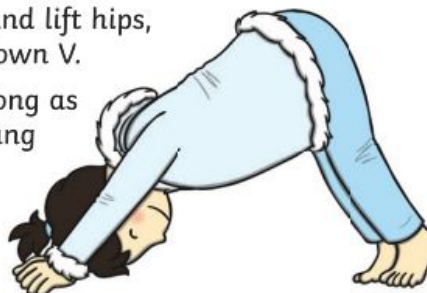


## Downward-Facing Dog - Adho Mukha Svanasana

**Benefits** Calms the mind; relieves stress; energizes the body; strengthens arms and legs; stretches upper and lower body; relieves headaches; back pain and fatigue.

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- 1 Begin on hands and knees with toes tucked under.
- 2 Exhale, straighten knees and lift hips, so you are in an upside-down V.
- 3 Hold this position for as long as you like. Let your head hang down and breathe.
- 4 To release, exhale and bring knees to the floor.







**I am strong.**



**I am brave.**



**I am wise.**



**I am kind.**



**I am friendly.**



# Tuesday: Maths

## Problem Solving



### Problem Solving

For each word problem, underline the key information, write down the calculations and work out the answers. The problems may involve adding, subtracting, multiplying or dividing.

1. On Sunday I spent 98 minutes on my art project and 35 minutes on my numeracy homework. On Thursday evening I spent a total of 100 minutes on my homework. What is the difference between the amount of homework I did on Sunday and Thursday evening?



2. Dad drives a truck. Last week he drove 250 miles on Monday and 145 miles on Tuesday. This week Dad drove 150 miles in total. What is the difference in mileage between this week and last week?



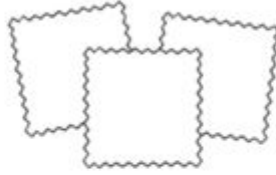
3. One watch costs 35p and I bought two. If I paid with a £5 note, how much change did I receive?



4. I need to buy enough whiteboards for 95 students and there are 10 in a pack. When the packs arrive, 4 whiteboards are damaged. How many whiteboards are undamaged?

$$\begin{array}{r} 512 \\ + 145 \\ \hline 657 \end{array}$$

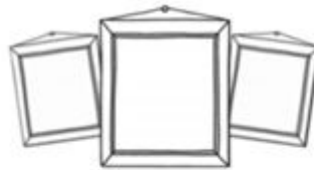
5. At the fabric shop I bought 125 metres of orange fabric and 50 metres of yellow fabric. I have used 13 metres of the orange fabric and 12 metres of yellow fabric. How many metres of fabric do I have left in total?



6. I got £35.00 for my birthday. I spent £10.00 on Saturday and £15.50 on Sunday. How much spending money have I got left?



7. Sally bought 3 photograph frames, each costing £2.50. She paid with £20.00. How much change did she get?



# Tuesday: English

## Getting Ready for the Secondary School Day

Here is an example of a secondary school timetable. Look carefully at the timetable, read the information underneath and then answer the questions.

Day of the Week	Period 1	Period 2	Period 3	Lunch	Period 4	Period 5
Monday	PE	Maths	English	Packed Lunch	Science	History
Tuesday	Spanish	Food Technology	French	School Dinner	Business Studies	English
Wednesday	Science	Maths	PE	School Dinner	Geography	Technology
Thursday	French	English	Business Studies	Packed Lunch	Coaching Time	Geography
Friday	Science	Spanish	Maths	School Dinner	History	PE

- For food technology, you need to take in the ingredients you need to make your food.
- For PE, you need your PE kit.
- For every other lesson, you need to take your homework in.
- For **all** lessons, you will need your planner.
- When you are having a packed lunch, you will need to remember to take it with you.
- When you are having a school dinner, you need to make sure you have enough money with you.
- You go to school on the bus every day so you need your bus pass **every day**.



St Aidan's Community School

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## Questions

1. It is Monday tomorrow. What do you need to pack into your school bag?
2. It is Thursday tomorrow. What do you need to pack into your school bag?
3. It is Friday tomorrow. What do you need to pack into your school bag?
4. It is Tuesday tomorrow. What do you need to pack into your school bag?
5. It is Wednesday tomorrow. What do you need to pack into your school bag?

## Tuesday- STEM Challenge

Today you can choose between two STEM Challenges or if you like you can complete the two. Take a picture of your results and email them to your teacher.

Use a simple 3 step process when doing the challenge:

1. **Think** about your design and **draw** it first.
2. **Test** the design by creating it.
3. **Reflect**. Is there anything that worked well or could be improved?

Below is a list of materials that may help you with your challenges. Remember you do not need them all - choose what may suit your challenge. Use things that may be left over at home.





## Challenge 1:



<https://www.youtube.com/watch?v=oVOnRPefcno&feature=youtu.be>

<https://www.sciencebuddies.org/stem-activities/bridge-building-designs>

The above links may give you some ideas before you build your bridge. Why did you build your bridge that way? Do you think it is sturdy? Why?

## Challenge 2:



<https://www.youtube.com/watch?v=7KPaxKUDj6I&feature=youtu.be>

The above links may give you some ideas before you make your aeroplane. Make a few planes using different designs. Which design works best? Why?

# Wednesday: Maths

## Problem Solving



### Problem Solving

For each word problem, underline the key information, write down the calculations and work out the answers. The problems may involve adding, subtracting, multiplying or dividing.

1. On Sunday I spent 144 minutes on my art project and 45 minutes on my numeracy homework. On Thursday evening I spent a total of 111 minutes on my homework. What is the difference between the amount of homework I did on Sunday and Thursday evening?



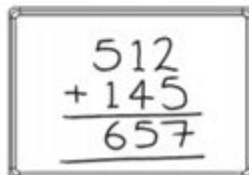
2. Dad drives a truck. Last week he drove 267 miles on Monday, 186 miles on Tuesday and 198 on Wednesday. This week Dad drove 282 miles in total. What is the difference in mileage between this week and last week?



3. One watch costs 98p and I bought four. If I paid with a £10 note, how much change did I receive?

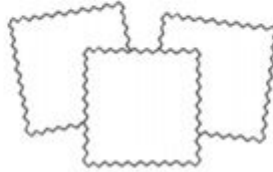


4. I need to buy enough whiteboards for 172 students and there are 25 in a pack. When the packs arrive, 12 whiteboards are damaged. How many whiteboards are undamaged?





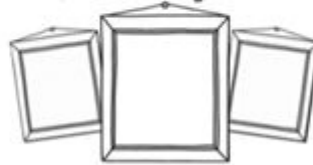
5. At the fabric shop I bought 238 metres of orange fabric, 100 metres of yellow fabric and 267 metres of purple fabric. I have used 15 metres of the orange fabric, 25 metres of yellow fabric and 7 metres of purple fabric. How many metres of fabric do I have left in total?



6. I got £48.50 for my birthday. I spent £12.50 on Saturday and £19.20 on Sunday. How much spending money have I got left?



7. Sally bought 3 photograph frames, each costing £7.55. She paid with £30.00. How much change did she get?



# Wednesday English:

# School Equipment

When you move to secondary school, you will need to bring the equipment you will require with you to your classes. You may need special equipment for certain subjects.

## Task 1

Match the equipment to the subject you think you might need it for below.

graphite pencils

scientific calculator

language dictionary

thesaurus

set square

apron

bag of ingredients

colouring pencils

art folder

Bible

tin whistle

English

maths

German/French

woodwork

art

home economics

religious

music

## Task 2

Now imagine you have the following subjects tomorrow: maths, home economics, wood work, French and art. Write a list of the equipment you'll need to put into your school bag to be prepared for them.

### Bonus task

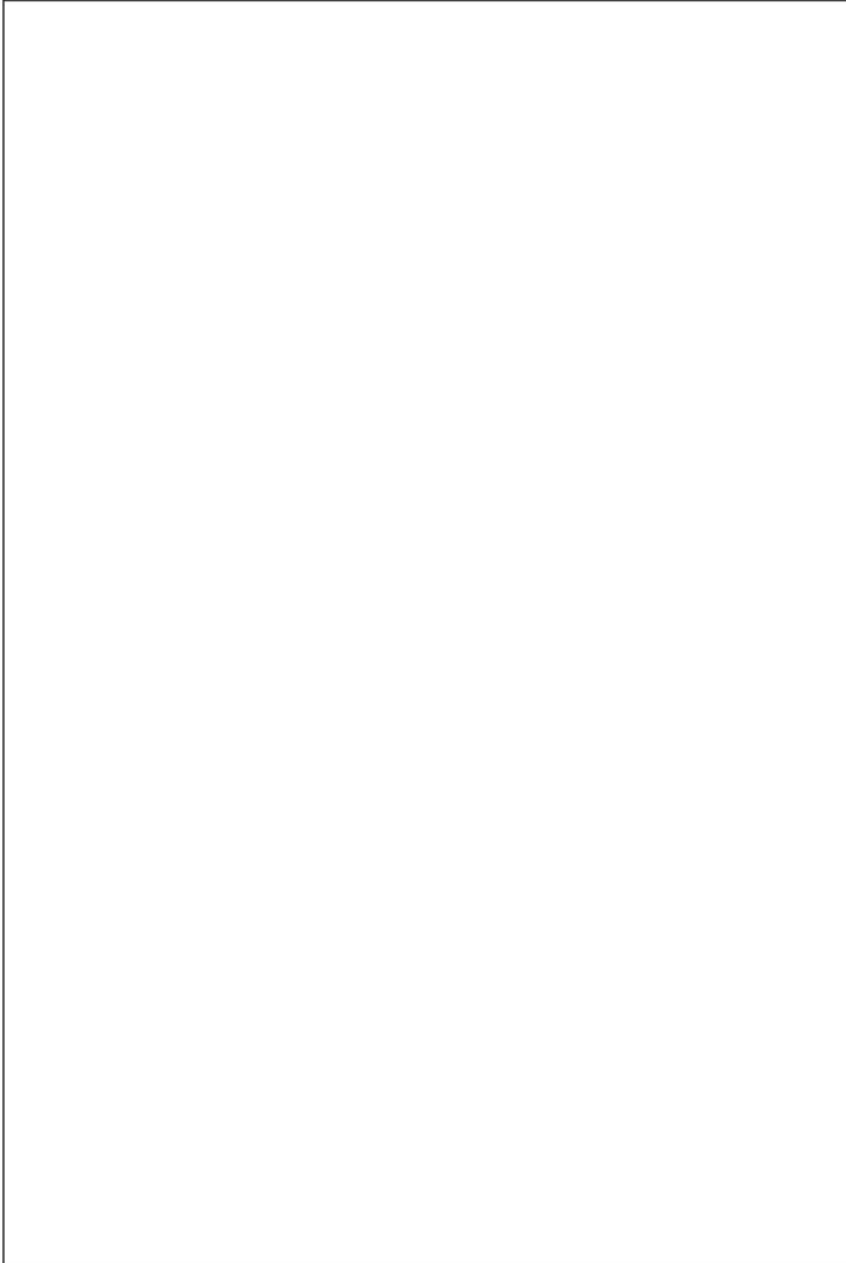
Can you think of any items you will need every day? Hint: what would you record your homework in?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

# New School Uniform

## Task 1

Study the information you have already gathered about your new school to find out what the new uniform is like, or do some more research if required. Create a detailed and annotated (labeled) drawing of the school's uniform below.





## Task 2

Think about the following and complete the sentences as fully as you can.

Secondary schools require their students to wear uniforms because:

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Primary schools require their pupils to wear a special uniform for P.E. because:

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A uniform has many benefits for students and parents, such as:

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Uniforms can also have disadvantages, such as:

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When uniforms are being created, designers should think about:

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In an ideal world, my new school uniform would:

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# Wednesday- Music

## Artist Profile - Pharrell Williams

This week's lesson profiles Pharrell Williams and his music.

### Background

Here's a brief introduction to Pharrell Williams and his music.



## Background

- Pharrell Williams was born on 5th April 1973 in Virginia, USA.
- Pharrell played the drums in the school marching band.
- In the early 1990's, Williams and his friend Chad Hugo (who also played in the same marching band) formed a music group called 'The Neptunes'.



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# Pharrell Williams' Music

- Pharrell sings and plays guitar, drums and keyboards and his musical style ranges from pop to funk to hip hop.
- He has collaborated with many artists including Daft Punk and film composer Hans Zimmer.
- He is also a 2-time Oscar nominee for his song 'Happy' featured in Despicable Me 2 and for producing the music for the film Hidden Figures.



## Listening and Responding

Play the following two songs by Pharrell Williams using the YouTube links provided and discuss them. Below are some questions to answer:

### Happy

[https://www.youtube.com/watch?v=ZbZSe6N\\_BXs&feature=emb\\_title](https://www.youtube.com/watch?v=ZbZSe6N_BXs&feature=emb_title)

### Runnin'

[https://www.youtube.com/watch?time\\_continue=2&v=96kIL2GV27I&feature=emb\\_title](https://www.youtube.com/watch?time_continue=2&v=96kIL2GV27I&feature=emb_title)

## Questions

1. Which piece did you like better and why?
2. What does the song Happy make you think of?
3. Can you clap along to the pulse of the song?
4. What dance would you do to this song?
5. What instruments can you hear in Runnin'? (bass, drums, vocals, backing vocals, piano, brass)
6. What is the mood of this song?
7. This song is in a jazz style - what other jazz songs do you know?

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# Thursday: Maths

## Problem Solving



### Problem Solving

For each word problem, underline the key information, write down the calculations and work out the answers. The problems may involve adding, subtracting, multiplying or dividing.

1. On Sunday I spent 144 minutes on my art project and 45 minutes on my numeracy homework. On Thursday evening I spent a total of 86 minutes on my history project and 39 minutes reading. What is the difference between the amount of homework I did on Sunday and Thursday evening?



2. Dad drives a truck. Last week he drove 267 miles on Monday, 186 miles on Tuesday and 198 on Wednesday. This week Dad drove 279 miles on Monday, 148 on Tuesday and 288 on Wednesday. What is the difference in mileage between this week and last week?



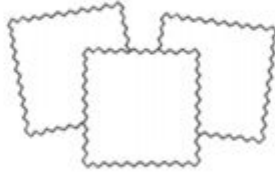
3. One watch costs £1.67 and I bought four. If I paid with a £20 note, how much change did I receive?



4. I need to buy enough whiteboards for 273 students and there are 25 in a pack. When the packs arrive, 17 whiteboards are damaged. How many whiteboards are undamaged?

$$\begin{array}{r} 512 \\ + 145 \\ \hline 657 \end{array}$$

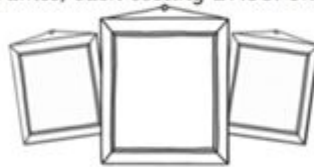
5. At the fabric shop I bought 378 metres of orange fabric, 107 metres of yellow fabric and 467 metres of purple fabric. I have used 16 metres of the orange fabric, 27 metres of yellow fabric and 12 metres of purple fabric. How many metres of fabric do I have left in total?



6. I got £78.57 for my birthday. I spent £12.50 on Saturday and £22.82 on Sunday. How much spending money have I got left?



7. Sally bought 3 photograph frames, each costing £7.58. She paid with £30.00. How much change did she get?



# Thursday: English

## Primary School Profile

### Task

You have been part of your primary school for some time now, so you know the place well. Use the information you already know to complete the following profile of your present school. Do some research to find extra information if you need to.

School name (English): \_\_\_\_\_

School name (Irish): \_\_\_\_\_

School motto: \_\_\_\_\_

Address: \_\_\_\_\_

Year established: \_\_\_\_\_

Number of pupils: \_\_\_\_\_

Gender of pupils: \_\_\_\_\_

School principal: \_\_\_\_\_

School deputy principal: \_\_\_\_\_

Number of teachers: \_\_\_\_\_

Number of Special  
Needs Assistants: \_\_\_\_\_



Other staff:

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School achievements:

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Facilities:

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Picture of School:



# Thursday: Quiz

Below are zoomed in images. Can you guess what the big picture is?



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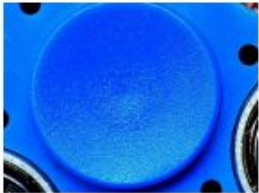
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# Friday: Maths

## Problem Solving

**Problem-solving**



Write an equation for each of the following. Solve.

- Jacinta had €28 in her bag. She withdrew €150 from the **CREDIT UNION**. She bought two t-shirts. How much money had she then?
- Liam had €148. He bought two shirts and a pair of jeans. How much had he left?
- Killian had €125. He lost €40 on the bus. He then bought a pair of jeans and a t-shirt. How much had he left?
- Seán had €196. He gave €15 to charity. His uncle gave him €20. He bought a coat and shirt. How much had he left?
- Anne had €148. She spent  $\frac{1}{4}$  of it on a lunch for her friends. She then bought a dress. How much had she left?
- Terri bought two dresses and a coat. If she had €237 originally, how much money has she now?
- Dad had €460. He bought two coats and three shirts. He gave the rest to charity. How much did he give to charity?
- Mam had €580. She bought three t-shirts and four dresses. She returned one dress to the shop the next day. How much money had she left?
- A lady spent €240 buying t-shirts and €180 buying dresses. How many of each of these items did she buy?
- A man bought eight shirts and seven coats. He gave the salesman a tip of €15. How much change did he get from €600?
- A coat was sold at a discount of 20% during a sale. What change did Sofia get from €300 if she bought seven of these coats during the sale?

at 11:00... On Wednesday the shares show a profit

## Friday: English

# Secondary School Profile

### Task

Use the information you have gathered about your new school already, or use the internet, to complete the following profile for the secondary school you will be attending soon.

School name (English): \_\_\_\_\_

School name (Irish): \_\_\_\_\_

School motto: \_\_\_\_\_

Address: \_\_\_\_\_

Year established: \_\_\_\_\_

Number of pupils: \_\_\_\_\_

Gender of pupils: \_\_\_\_\_

School principal: \_\_\_\_\_

School deputy principal: \_\_\_\_\_

Number of teachers: \_\_\_\_\_

Number of Special  
Needs Assistants: \_\_\_\_\_



Other staff:

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Specialities:

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Facilities:

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Picture of School:





## Friday: Mindfulness

Look for a quiet room or corner. You can do these activities in silence or you can play relaxing music in the background. You can ask someone at home to call out the instructions while you do them or you can read them first and then take a few minutes to do them by yourself. Try out the following two mindfulness activities:

1. Mindful Eats
2. A Moment of Gratitude

### MINDFUL EATS

Materials: a small piece of allergy-friendly food such as chocolate or fruit

1. Sit straight and still. Close your eyes or look downwards.
2. Take three slow, deep breaths in and out.
3. Hold the food up to your nose and take a deep breath in. Notice the smell and how the smell makes you feel.
4. Take a small bite of the food. Let it sit in your mouth awhile before you swallow it.
5. Notice which muscles in your mouth, neck and body move as you eat.
6. Pause between each bite and notice any changing sensations in your mouth or body.
7. Continue eating your food slowly and mindfully.



### Guiding Questions

- What is the taste like? Is it sweet or savoury?
- What does the food feel like on your tongue?
- Do you need to crunch it between your teeth, or can you slowly dissolve it in your mouth?
- Try taking a slightly smaller or slightly larger bite. How does this change the way eating this food feels?

# A MOMENT OF GRATITUDE

1. Sit or stand straight and still. Close your eyes or look downward.
2. Take three deep breaths in and out.
3. Think of something you feel grateful for today. This is your 'gratitude moment'.
4. Think about how this moment affects your life, or the lives of people around you.
5. Notice how you feel when you think about your 'gratitude moment'.
6. Let the feeling grow bigger, spreading from where it is until it fills your entire body.

## Suggested Gratitude Prompts

Something that someone else did for you today

A person in your life whom you appreciate

An activity or hobby you are grateful to be able to do

A positive quality of someone who can sometimes be hard to get along with

A skill or ability you have

A part of your body you are grateful for and why

An item that you love

Something that made you laugh

What you have learned from something that was hard.



## **Maths: Monday- Ms O Reilly/ Ms Hodson/ Mr Rennick**

### **Length**

- 1) There are \_\_\_\_\_ centimetres in a metre
- 2) There are \_\_\_\_\_ centimetres in half a metre
- 3) There are \_\_\_\_\_ centimetres in a quarter of a metre

How many CMs in the following:

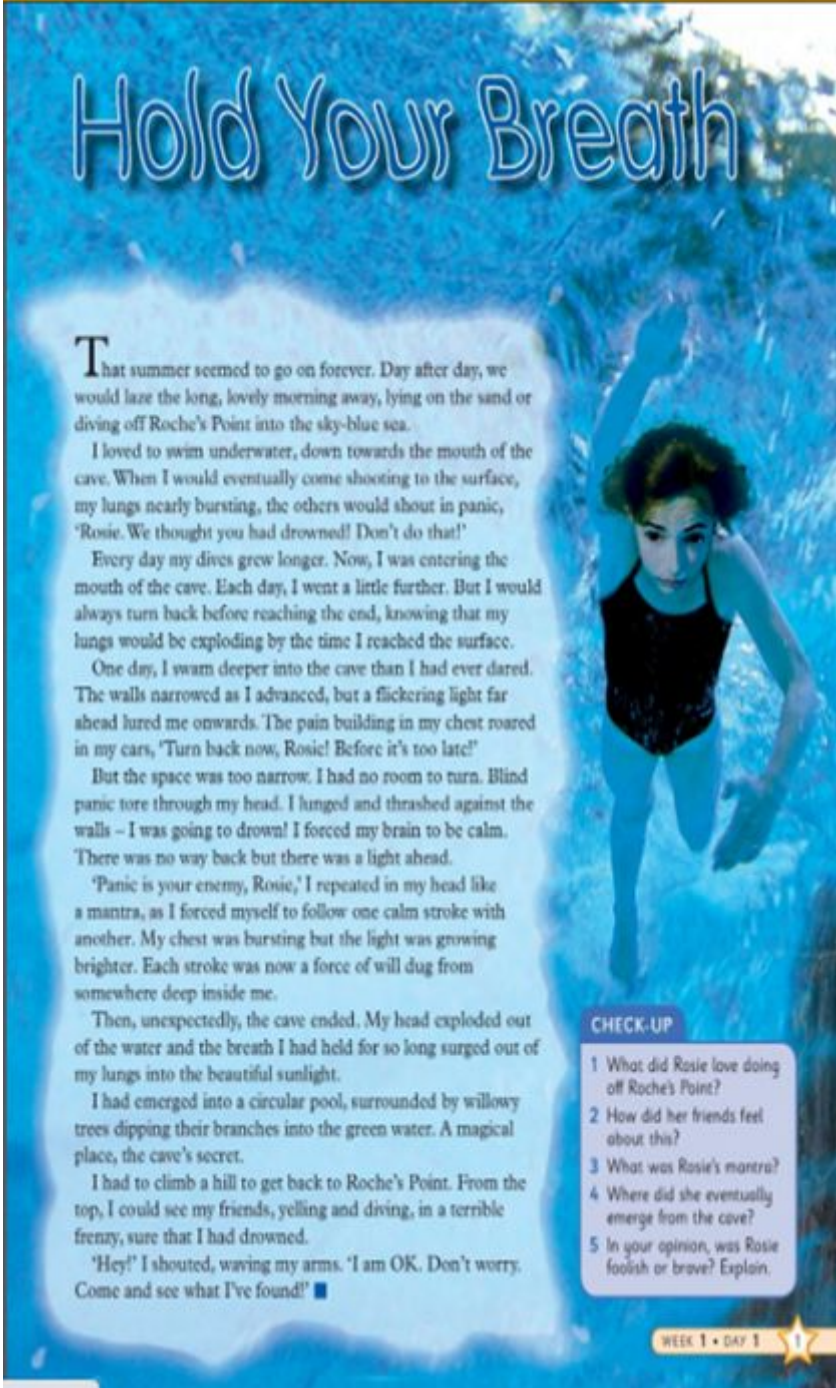
- 4) 1m 34cm-
- 5) 2m 27cm-
- 6) 5m09cm-

Convert from CMs to M e.g- 134cm- 1m34cm

- 7) 254cm-
- 8) 678cm-
- 9) 14cm-
- 10) 179cm-

# Monday: English Ms O Reilly/Mr Rennick/Ms Hodson

Read this story. Then answer the 5 questions below. Finish by completing the work underneath the story.



## Hold Your Breath

**T**hat summer seemed to go on forever. Day after day, we would laze the long, lovely morning away, lying on the sand or diving off Roche's Point into the sky-blue sea.

I loved to swim underwater, down towards the mouth of the cave. When I would eventually come shooting to the surface, my lungs nearly bursting, the others would shout in panic, 'Rosie. We thought you had drowned! Don't do that!'

Every day my dives grew longer. Now, I was entering the mouth of the cave. Each day, I went a little further. But I would always turn back before reaching the end, knowing that my lungs would be exploding by the time I reached the surface.

One day, I swam deeper into the cave than I had ever dared. The walls narrowed as I advanced, but a flickering light far ahead lured me onwards. The pain building in my chest roared in my ears, 'Turn back now, Rosie! Before it's too late!'

But the space was too narrow. I had no room to turn. Blind panic tore through my head. I lunged and thrashed against the walls - I was going to drown! I forced my brain to be calm. There was no way back but there was a light ahead.

'Panic is your enemy, Rosie,' I repeated in my head like a mantra, as I forced myself to follow one calm stroke with another. My chest was bursting but the light was growing brighter. Each stroke was now a force of will dug from somewhere deep inside me.

Then, unexpectedly, the cave ended. My head exploded out of the water and the breath I had held for so long surged out of my lungs into the beautiful sunlight.

I had emerged into a circular pool, surrounded by willowy trees dipping their branches into the green water. A magical place, the cave's secret.

I had to climb a hill to get back to Roche's Point. From the top, I could see my friends, yelling and diving, in a terrible frenzy, sure that I had drowned.

'Hey!' I shouted, waving my arms. 'I am OK. Don't worry. Come and see what I've found!' ■

**CHECK-UP**

- 1 What did Rosie love doing off Roche's Point?
- 2 How did her friends feel about this?
- 3 What was Rosie's mantra?
- 4 Where did she eventually emerge from the cave?
- 5 In your opinion, was Rosie foolish or brave? Explain.

WEEK 1 • DAY 1

What does the word 'mantra' mean? Look it up in a dictionary or online.

Imagine that you were one of Rosie's friends. Describe your feelings when she failed to resurface from the sea.

[Click here to return to the timetable](#)

## **Maths: Tuesday- Ms O Reilly/ Ms Hodson/ Mr Rennick**

Find three things at home that are

a) around a metre long.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

b) around half a metre long.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

c) around a quarter of a metre long.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_




## English: Tuesday - Ms O Reilly/ Ms Hodson/ Mr Rennick

The words in these sentences are not in the right order.

Put the words in the correct order so that they make sense.

**SENSIBLE SENTENCES**

A sentence is a group of words that makes sense. A sentence needs a subject and a verb. A sentence always begins with a capital letter and ends with punctuation.




**A** Write these scrambled sentences in two ways. You can give words capital letters and use punctuation. Then write scrambled sentences for a friend to solve.

1. trouble brother Robert big his got into  
\_\_\_\_\_
2. my me help pencil find please  
\_\_\_\_\_
3. shoots and eats the leaves panda  
\_\_\_\_\_
4. is shopping Saturday John on going  
\_\_\_\_\_
5. my friend a Joe gave new bike  
\_\_\_\_\_

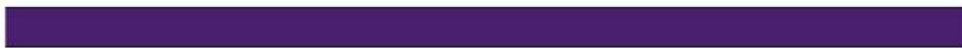
**B** **In Your Copy:** Put these words in order. Don't forget capital letters and full stops!

1. a Cinderella time once upon girl was there a called
2. her she stepsisters lived mean with
3. an invitation one ball day prince's the to the received family
4. Her her stepsisters not would let go
5. helped her Fairy came to get and her to Godmother the ball
6. danced with Cinderella prince the until clock the twelve chimed
7. smelly and home Cinderella took her ran shoes off
8. went in with smelly the prince search of feet the girl the
9. he soap found her he bar shoes her a new When gave and of
10. to Cindersmella changed Cinderella her name



**Measuring in Centimeters (A)**

Measure each bar to the nearest centimeter



Write the following words in alphabetical order. Remember if the first letters are all the same you need to look at the second letters of each word (like in exercise B below)

**AS EASY AS A, B, C...** ALPHABETICAL ORDER

**A** **In Your Copy:** Write each of these word lists in alphabetical order. Look at the **first** letter of each word.

1. elephant, tiger, antelope, zebra
2. fox, wolf, dog, cat
3. shark, whale, dolphin, tuna
4. bear, panda, koala, teddy
5. tennis, basketball, soccer, rugby
6. judo, archery, boxing, gymnastics
7. swimming, athletics, rowing, cycling
8. skiing, bobsleigh, curling, hockey
9. golf, handball, fencing, shooting
10. diving, badminton, volleyball, surfing

**B** **In Your Copy:** Write each of these word lists in alphabetical order. Look at the **second** letter of each word.

1. deck, duck, dirt, darn
2. bread, bead, band, bind
3. train, tune, tone, tavern
4. jingle, jangle, jungle, joust
5. Alex, Amir, Abram, Ariel
6. Efren, Evan, Ewan, Ethan
7. Carol, Coco, Claire, Cynthia
8. Gwen, Gloria, Gemma, Ginger
9. Cahir, Cork, Clonmel, Celbridge
10. Rio, Rabat, Rotterdam, Reykjavik

Thursday: English (Mr Rennick/ Ms O'Reilly/ Ms Hodson)

[Click here to return to the timetable](#)

## Giving Centimetres and Metres in Fraction and Decimal Form

Complete the table below to show the length in fraction and decimal form.

The first one is done for you.

**Remember 1m = 100cm.**

Length	Fraction	Decimal
1m 30cm	$1 \frac{3}{10}$ m	1.3m
1m 40cm		
3m 20cm		
5m 90cm		
4m 10cm		
7m 40cm		
9m 20cm		
8m 50cm		
6m 80cm		
3m 70cm		
5m 90cm		
1m 40cm		
3m 60cm		

Friday:English(Mr Rennick/ Ms O'Reilly/ Ms Hodson)

## DEAR Time

Drop Everything And Read

Put your feet up and relax.

Pick up a book, magazine, newspaper or an article online and spend 20 minutes or more reading. Enjoy!



Friday: Maths (Mr Rennick/ Ms O'Reilly/ Ms Hodson)

## Giving Centimetres and Metres in Fraction and Decimal Form

Complete the table below to show the length in fraction and decimal form.

The first one is done for you.

**Remember 1m = 100cm.**

Length	Fraction	Decimal
1m 30cm	$1\frac{3}{10}$ m	1.3m
4m 52cm		
2m 18cm		
8m 91cm		
3m 48cm		
7m 36cm		
13m 73cm		
11m 52cm		
9m 57cm		
12m 73cm		
6m 64cm		
5m 84cm		
10m 90cm		